

Your Child's Developmental Important Milestones: (12 Months - 24 Months)

Social

- Imitates behaviors of others, especially adults or older children
- More aware of herself as separate from others
- More excited about company of other children

Emotional

- Demonstrates increasing independence
- Begins to show defiant behavior
- Separation anxiety increases toward midyear then fades

Cognitive

- Finds objects even when hidden under two or three covers
- Begins to sort by shape and color
- Begins make-believe play

Language

- Points to objects or picture when it is named for him/her
- Recognizes names of familiar people, objects and body parts
- Says several single words (by 15 to 18 months)
- Uses simple phrases (by 18 to 24 months)
- Uses two to four word sentences
- Follows simple instructions
- Repeats words overheard in conversation

Movements

- Walks alone
- Pulls toys behind him/her while walking
- Begins to run
- Stands on tiptoe
- Kicks a ball
- Climbs onto a down from furniture unassisted
- Walks up and down stairs holding on to support

Hands and fingers skills

- Scribbles on his/her own
- Turns over container to pour out contents
- Builds tower of four blocks or more

- Might use one hand more often than the other

Developmental Health Watch

Alert your child's doctor or nurse if your child displays any of the following signs of possible developmental delay for this age range.

- Cannot walk by 18 months
- Fails to develop a mature heel toe walking pattern after several months of walking, or walking only on his/her toes
- Does not speak at least 15 words
- Does not use two word sentences by age 2
- By 15 months, does not seem to know the function of common household objects (brush, telephone, bell, fork, spoon)
- Does not imitate actions or words by the end of this period
- Does not follow simple instructions by age 2
- Cannot push a wheeled toy by age 2
- Experiences a dramatic loss of skill he or she once had

Adapted from the New Jersey's Early Intervention Center