Your Child’s Developmental Important Milestones: (4 Months-8 Months)

Social and Emotional

☐ Enjoys social play
☐ Interested in mirror images
☐ Responds to other people’s expressions of emotion and appears joyful often

Cognitive

☐ Finds partially hidden objects
☐ Explores with hands and mouth
☐ Struggles to get objects that are out of reach

Language

☐ Responds to own name
☐ Begins to respond to “no”
☐ Can tell emotion by tone of voice
☐ Responds to sound by making sound
☐ Uses voices to express joy and displeasure
☐ Babbles chains of sounds

Movement

☐ Rolls both ways (Front to back, back to front)
☐ Sits with, and then without, support on hands
☐ Supports whole weight on legs
☐ Reaches with one hand
☐ Transfers objects from hand to hand
☐ Uses hands to rake objects

Vision

☐ Develops full color vision
☐ Distance vision matures
☐ Ability to track moving objects improves

Developmental Health Watch

Alert your child’s doctor or nurse if your child displays any of the following signs of possible developmental delay for this age range.

☐ Seems very stiff, with tight muscles
☐ Seems very floppy, like a rag doll
Head still flops back when body is pulled into sitting position
Reaches with one hand only
Refuses to cuddle
Shows no affection for the person who cares for her or him
Doesn’t seem to enjoy being around people
One or both eyes constantly turn in or out
Persistent tearing, eye drainage or sensitivity to light
Does not respond to sound around him or her
Has difficulty getting object in mouth
Does not turn head to locate sound by 4 months
Does not roll over in either direction (front to back or back to front)
Seems impossible to comfort at night after 5 months
Does not smile on his or her own by 5 months
Cannot sit up with help by 6 months
Does not laugh or make squealing sound by 6 months
Does not actively reach for objects by 6 to 7 months
Does not follow objects with both eyes at near (1 foot) and far (6 feet) range by 7 months
Does not bear weight on legs by 7 months
Does not try to attract attention through action by seven months
Does not babble by 8 months
Shows no interest in games of peek-a-boo by 8 months
Experiences a dramatic loss of skill he or she once had

Adapted from the New Jersey’s Early Intervention Center